

**REGIONAL MANAGEMENT TEAM FALL RETREAT
& JOINT POWERS BOARD MEETING
Meeting Minutes
November 14, 2019**

RMT Membership: Steve Whiteman, Julie Moniz, Julie Hogen, Jim Wood, Brad Frisch, Linda Morkrid, Mark Kossman, Amy Haas, Pat Rentz, Tammy Fienen, Kelsie Mutzke, Lois Cummings, Christine Kern, Kris Swenson, LuAnn Rasmussen

JPB Membership: Angela Youngerberg, Barb Dietz, Suzie Nerison, Sue Rynda, Mark Shaw, Klea Rettmann

SCCBI: Jamie Hayes, Teri Herder-Blahnik

The Regional Management Team and Joint Powers Board met during the RMT annual retreat for a joint meeting on Thursday, November 14th, 2019 at Linnaeus Arboretum's Melva Lind Interpretive Center on the campus of Gustavus Adolphus College in St. Peter. Amy Haas called the meeting to order at 9:08 a.m. Introductions and housekeeping followed.

Agenda: Julie Moniz moved to approve the agenda and Chris Kern seconded. Added to the agenda: Honoring Tamra Rovney. The agenda was approved with the addition

Approval of October Minutes

RMT: Linda Morkrid moved to approve the October 10th RMT meeting minutes. Tammy Fienen seconded. Motion carried.

JPB: Klea Rettmann moved to approve the October 18th JPB meeting minutes. Sue Rynda seconded. Motion carried.

October Vendor Report: Barb Dietz moved to approve the October Vendor Report. Suzie Nerison seconded. Motion carried.

Icebreaker: Attendees participated in an icebreaker activity spearheaded by Amy Haas, answering entertaining and unique "get to know you" questions.

2019 Q3 Budget Review

- AMHI Grant Base Budget – Staffing Allocation is 84% spent. Flex funds are 54% spent. Peer Support/Consumer will be 100% spent this year. IRTS was 72% spent at the end of September, but due to the receipt of additional bills, is overspent as of this date by \$11,800. BEC Case Managers continue to work diligently to secure additional payments from insurance companies. Jamie reported that she does not anticipate much underspending in AMHI this year and recommends that any underspent funds be carried over to 2020.
- Mental Health Mobile Crisis Grant – Jamie reported that the grant will be overspent this year due to the \$241,000 reduction in the amount of the grant award from the State. There will not be much spending in Rapid Access Psychiatry (RAP) due to the difficulty in finding a provider. The current budget does not reflect the \$22,000 training funds from DHS.
- Mankato Crisis Center (includes crisis residential, uncompensated care, and crisis flex) – The grant will be underspent this year due to several factors: 1) the shore-up with Horizon Homes for 2018 overpayment, 2) the delay in opening the new crisis center, 3) Horizon Homes continues to excel at billing and receiving payments from insurance, and 4) changes in Presumptive GRH by the State which allows payment of GRH funds separately and automatically for MA clients.
- Expenses will increase in the 4th quarter.
- Jamie recommended that underspent grant funds be used to fund an outreach position in 2020.
- Proposed Youth Outreach Position – Horizon Homes hired a Youth Outreach staff in 2018 but was forced to move her to a MH Practitioner position following the cut in the 2019 Mobile Crisis grant, and they would like to move her to the position originally intended. Discussion followed about position's workload and opportunities. The Youth Outreach staff would provide outreach and presentations, attend Initiative/County/community based meetings, work to identify and meet with families who may need mobile crisis services in the future, meet with families who access RAP, provide education at schools, and perform some backfilling when needed. The position could be utilized to update the marketing video and may provide

a good opportunity to address cultural disparities among youth and create cultural competency. It was agreed that the position will create many opportunities for outreach. It was suggested that the word “Youth” be removed from the job title, not to exclude youth, but to reduce any limits that the State may decide to impose. RMT Recommendation: Jim Wood moved to approve a one-year Outreach position at Horizon Homes utilizing 2019 Crisis Center grant underspending. Brad Frisch seconded. Motion carried. JPB Approval: Barb Dietz moved to approve a one-year Outreach position at Horizon Homes utilizing 2019 Crisis Center grant underspending. Angie Youngerberg seconded. Motion carried.

2019 Q3 Psych Allocation Review and 2020 Psych Formula Review

- Psychiatry – (Reminder: Q4 uses 2018 psych allocation amount.) Jamie reported that we are underspent in psychiatry: regular psych – \$86,007; urgent care – \$61,231 (total \$147,238).
- 2020 Draft Psych Allocation – Jamie reviewed the 2020 draft psych allocation formula that she prepared. Sioux Trails will receive a reduction in their allocation, but they have reduced staff (and historically do not use their entire allocation, the amount of funds they receive will be about the same. There will be an increase in the rate reimbursement of \$4.21/slot to \$77.24. It was suggested that a committee be created to look at the psych formula in greater depth to see if it can be improved/adjusted. Barb Dietz moved to approve the 2020 psych allocation formula while looking into adjusting it for 2021. Sue Rynda seconded. Motion carried.

2020 Contract Summary, Review, and Approvals: Jamie referred attendees to the 2020 Contract Summary in their packets and reported that the Eide Bailly contract is now ready. There were no changes from 2019 contracts except for contracts utilizing the new 2020 psych allocation formula.

- Blue Earth County – Sue Rynda moved, and Suzie Nerison seconded to approve the contract with Blue Earth County. Motion carried.
- Brown County – Klea Rettmann moved, and Angie Youngerberg seconded to approve the contract with Brown County. Motion carried.
- Faribault/Martin Counties – Suzie Nerison moved, and Sue Rynda seconded to approve the contract with Faribault/Martin Counties. Motion carried.
- Freeborn County – Barb Dietz moved, and Klea Rettmann seconded to approve the contract with Freeborn County. Motion carried.
- Le Sueur County – Angie Youngerberg moved, and Suzie Nerison seconded to approve the contract with Le Sueur County. Motion carried.
- Mankato Civic Center – Sue Rynda moved, and Klea Rettmann seconded to approve the contract with Mankato Civic Center. Motion carried.
- Nicollet County – Angie Youngerberg moved, and Suzie Nerison seconded to approve the contract with Nicollet County. Motion carried.
- Rice County – Barb Dietz moved, and Klea Rettmann seconded to approve the contract with Rice County. Motion carried.
- Sibley County – Sue Rynda moved, and Angie Youngerberg seconded to approve the contract with Sibley County. Motion carried.
- Sioux Trails – Barb Dietz moved, and Klea Rettmann seconded to approve the contract with Sioux Trails. Motion Carried.
- SWMHP – Sue Rynda moved, and Suzie Nerison seconded to approve the 2-year contract with the Southwest Minnesota Housing Partnership. Motion carried.
- Watonwan County – Klea Rettmann moved, and Barb Dietz seconded to approve the contract with Watonwan County. Motion carried.
- Eide Bailly – Sue Rynda moved, and Angie Youngerberg seconded to approve the agreement letter with Eide Bailly. Motion carried.

Review of Current Underspending Requests

- Nicollet County submitted an Unmet Needs Request of underspending funds for \$1,235 to purchase office furniture for the staff office at the Power Up Clubhouse. Clubhouse Coordinators have been sharing a work space which makes it impossible to work simultaneously. The purchase of a hutch, doors for overhead

storage, a box file support pedestal and two chairs will make the space more efficient, enable Coordinators to work simultaneously, and create a more consumer-friendly space in which to meet with clubhouse members. RMT Recommendation: Brad Frisch moved to approve Nicollet County's request for \$1,235 to purchase office furniture for the Power Up Clubhouse. Chris Kern seconded. Motion Carried. JPB Approval: Klea Rettmann moved to approve Nicollet County's request for \$1,235 to purchase office furniture for the Power Up Clubhouse. Sue Rynda seconded. Motion carried.

- Freeborn County Mental Health Center revised their Unmet Needs Request for underspent funds to a reduced amount of \$60,865.12. Discussion followed with questions about how FCMHC has maintained services without receiving reimbursement of services following receipt of their allocated amount. Jamie has been invoiced and paid for urgent care services. Attendees inquired whether FCMHC has anything in place for 2020 to prevent the same overspending in the future. As of yet, they have nothing in place and would like to look at changing the psych formula to more adequately reimburse them for expenses. Utilization increased significantly from 2017, but billing/receipts did not increase until 2019. Mark Kossman explained that there were a handful of cost drivers: 1) a new provider started and was paid an hourly rate. But it took time to build a caseload, 2) the billing department was not collecting co-payments, 3) the cost for providers increased because they need to overpay them to work in such a rural location. It was then suggested that when looking at adjusting the psych formula that we also look at geographical area and the cost of providers. Sue Rynda moved to approved Freeborn County Mental Health Center's request for \$60,865.12. Barb Dietz seconded. Discussion followed. Mark Kossman responded to questions regarding utilization and reported that most clients are from Freeborn County, but the clinic is open to serving individuals in the SCCBI region. Their schedule is full, and the unmet needs funding request does not include reimbursement for any empty slots. There was concern that BECMHC might submit additional bills before the end of the year for which they are entitled to payment under their contract, and it would not be prudent to risk spending their allocated (and currently underspent) funds. Angie Youngerberg offered to reach out to BECMHC to find out if they plan to submit additional invoices. Sue Rynda moved to table her motion to approve FCMHC's request for funds until we receive confirmation of Blue Earth County Mental Health Center's final numbers. Barb Dietz seconded. Motion carried. FCMHC's request will be reconsidered following the lunch break and the receipt of information from BECMHC. Jamie added that she is asking for clarification from DHS regarding their exact definition of "urgent care." There is a possibility that some psychiatry could be billed as urgent care, freeing up psychiatry funds.

Priorities Exercise Review: The 2019 Priority Ranking and Budget Overlay by Priority, Priorities Crisis Services Ranking by Role, and Priorities County-Based Service Ranking by County were reviewed. Jamie reported disappointment that only four RMT consumer members completed the survey. She is considering providing them the survey in a paper format next year. There was discussion of the overlay of priorities with the budget. The document will be used in future data and budget meetings.

JPB Director Suggestions: Jamie requested topic suggestions from JPB Directors that they would like to see addressed at the RMT's afternoon goals session. Housing was suggested. Lunch followed.

Freeborn County Mental Health Center Unmet Needs Request: The RMT and JPB met jointly following lunch to reopen discussion of FCMHC's request for funds. Angie reported that per communications with Sara Emich, BECMHC and Billing Supervisor, Blue Earth County MHC will not be requesting additional funds out of their psychiatric allocation. RMT Recommendation: Jim Wood moved to approve one-time funding of Freeborn County Mental Health Center's unmet needs request for \$60,865.12 of underspent funds. Julie Hogen seconded. Motion carried. JPB Approval: Sue Rynda moved to approve one-time funding of Freeborn County Mental Health Center's unmet needs request for \$60,865.12 of underspent funds. Klea Rettmann seconded. Motion carried.

As there was no further business for the JPB and RMT to address together, the joint RMT/JPB meeting adjourned. The RMT convened the afternoon session.

Respectfully Submitted,
Teri Herder-Blahnik, SCCBI Administrative Assistant

Next RMT Meeting: Thursday, December 12, 2019, at 1:00 p.m., Nicollet County Human Services, St. Peter

Next JPB Meeting: Friday, December 20, 2019, 9:00 AM – 12:00 PM, VINE Bldg., 421 E. Hickory St., Mankato, 5th floor conference room

RMT AFTERNOON SESSION

2019 Goals and Accomplishments, Goals Discussion Workgroup/Committee Assignments, Clubhouse Reports, and Additional Items

2019 SCCBI RMT Goals and Accomplishments

Technology: Goal to continue to address technology needs within the region. Prioritize those needs that allow mental health services to be more accessible and efficient.

- The SCCBI launched and expanded the Regional Telepresence Project. In addition to all those participating in the pilot prior (County AMH staff, Supervisors, Directors, Residential Providers, Psychiatric Providers, and Crisis Providers), the region added four hospitals with an interest in connecting to crisis services. There is also interest expressed by law enforcement to join in this project.

Communication with DHS: Outreach and continued relationship building with DHS. With the change toward the competitive grant process, the RMT feels that the relationship with DHS needs to improve in the amount of information that is being received regarding this transition.

- The RMT feels that continued improvements need to be made in this area. We have added our Crisis Services DHS liaison to our Crisis Committee information and continue to include our AMHI liaison in our RMT and JPB meetings. We receive updates regarding the AMHI reform, but do not really feel as if we are part of this process at this time.

Telling the SCCBI Story Through Personal/Data Perspectives-Further establish data committee and find ways to communicate out meaningful personal stories.

- The SCCBI was able to release a Crisis Services Report this year, which provided data-based information, along with personal testimonials, as to the benefits and growth of current crisis services.
- Work has been done regarding the Quality of Life Survey, developed by the U of M. There is a plan to follow up regarding their Capstone Project and see if they have an interest in finalizing this document and rolling it out.

Crisis Services-Support of continued growth of mobile crisis, and CBC positions. Support of new crisis facility and problem solving of the crisis line.

- Mobile Crisis has grown exponentially on the adult services end, however, there is still a need to increase utilization for children's services.
- The new Crisis Center opened in May of 2019, and seamlessly provided this valuable service. Horizon Homes had a large open house, and many were present to tour the facility and ask questions about the services.
- The Crisis Line is integrated into the mobile crisis structure. There is a full time person appropriated to answer the line when calls come in. This has allowed for an increased efficiency of services, as prior this we had individuals sitting in an office, answering about 8 total calls per day. All calls continue to flow through the same line, and the professionals on the line work to determine which level of service need the individual may have (Crisis line, Mobile Crisis, Crisis Residential, other) and directly connect them. Individuals are not needing to repeatedly explain their crisis and call volumes have increased dramatically from when Canvas Health was managing it.

Housing- Look at additional housing options that provide MH Supports, such as GRH with Special Services.

- Work has been done in 2019 to regionalize the Bridges Program, however, more vouchers were not allocated to the region as requested. An opportunity came up to apply for more vouchers, which the City of Mankato did, however, we have not yet heard back to see if more vouchers will be awarded. If so, the plan continues to be in place to regionalize.

Other- not listed in our goals, but accomplishments that came up throughout the year

- Two successful stakeholder meetings with great attendance
- A successful Fall Conference
- Development of a relationship with the U of M Humphrey Institute
- Expansion of the jail diversion programs

- A RAP provider for youth/adolescents, referred by Mobile Crisis, provided by Open Door Health Center
- Growth and renewed interest of the Integrated Services Committee
- New RMT members and related trainings
- Development of a Flex Funds Policy for the region
- Continued work and strategies on data collection
- Connection with DHS and work to understand the goals of the AMHI reform
- Receipt of the Data Improvement Grant, benefiting two of our mental health centers and their Electronic Data Provider, along with 8 additional Mental Health Centers across the state.
- Development and building of a relationship with our MCO providers
- Successful Brown Bag Lunch events
- Launch of the regional Book Club, with a book on Mindfulness, and a chance to meet the author at Stakeholders.
- Trainings provided throughout the region on MI&D
- Training provided for the region on Person Centered Thinking

The RMT had a lot to be proud of in 2019, and great goals coming out for 2020, keep up the great work!!

2020 RMT Goals

- Clubhouse Workgroup
 - Work on Clubhouse Reports
 - What is gathered for information (for example, information on longevity of members and impact on long term mental health)
 - Eliminate duplicate reporting with other reports, such as reports to county boards
 - Incorporate other information gathered, such as Quality of Life Survey, other clubhouse surveys completed internally
 - Gather narratives on clubhouse meaning for members
 - Clubhouse Budget
 - Look at the true cost of clubhouses, and what is required to maintain them. Clubhouse budget has been stagnate for years now.
- Local Advisory Councils (RMT Agenda Item)
 - Provide information to the RMT on the LAC Statute for discussion
 - Email information on LAC's to the State Advisory Council
- Acronym List- The SCCBI will provide a frequently used acronym list to its RMT members
- Does Not Meet Criteria (RMT Agenda Item)
 - Will receive updates on what is happening at the DHS level with the current workgroup
 - Counties will support each other in problem solving and resource sharing.
- Rule 20 (RMT Agenda Item)
 - Similar to above, will receive updates on what is happening at the DHS level with the current workgroup.
- Culturally Responsive Services (via SET Committee and Crisis Committee?)
 - The RMT will seek opportunities to increase cultural competency within the region. This includes many types of culture based on race, spirituality, ethnicity, gender, age, etc.
- Ongoing Goals to Continue
 - Fall Conference
 - Stakeholders
 - Addressing regional needs as they arise
 - Integrated Services (consider providing a spotlight on personal recovery stories at Integrated)
 - Regional Telepresence (pilot to end in May of 2020)

2020 SCCBI Workgroup/Committee Members

Crisis Committee (meets monthly, location?)

- Blue Earth: Julie Stevermer, CMH
- Brown: Julie Hogen, AMH
- Faribault/Martin: Brad Frisch, AMH
- Freeborn: Mark Kossman, AMH
- Le Sueur: Lowell Freeman, CMH
- Nicollet: Shannon Helget, CMH
- Rice: Fran Davies, CMH
- Sibley: Kris Swenson, AMH
- Watonwan: Joan Stordalen, CMH
- JPB: Sue Rynda
- Consumer Representatives: Jim Wood, Amy Haas
- SCCBI: Jamie Hayes, Teri Herder-Blahnik
- Ancillary Providers: Laura Gaffer (Counseling Services), Ann Thompson (Open Door), Tina Olson (Horizon Homes)

Integrated Services Committee (meets monthly, location?)

- All County AMH Supervisors
- Local Providers (will work on list to see who we may be missing, or who could be removed)
- Consumer Rep: Jim Wood

Psychiatric Committee

- TBD by Joint Powers Board (Amy Haas has interest as Consumer Rep)

Data Subcommittee (meets as needed)

- Mark Shaw, JPB
- Sue Rynda, JPB
- Julie Hogen, AMH Sup
- Amy Pluym, AMH Sup
- Jim Wood, Consumer Rep
- Jamie Hayes, SCCBI
- Teri Herder-Blahnik, SCCBI (as able)

Budget Committee (meets as needed)

- Kathy Werner, JPB (term ends in January)
- Angie Youngerberg, JPB/Executive Committee
- Mark Shaw, JPB/Executive Committee
- Sue Rynda, JPB/Executive Committee
- Lisa Stadler, Rice County Fiscal Sup
- Tracey Hansen, Blue Earth Fiscal Sup
- Amy Haas, Consumer Rep
- Tammy Fienen, Consumer Rep
- Jamie Hayes, SCCBI
- Teri Herder-Blahnik, SCCBI (as able)

SET (Stakeholders, Education, Training) Committee (meets monthly)

*all consumer reps welcome and will receive emails if desired

- Luann Rasmussen, Consumer Rep
- Jim Wood, Consumer Rep
- Amy Haas, Consumer Rep
- Julie Moniz, AMH Sup
- Pat Rentz, AMH Sup
- Mark Wisdorf, Clubhouse Coordinator
- Missy Haefner, Clubhouse Coordinator

Clubhouse Reports – Highlights

Blue Earth County – Second Step Clubhouse

Second Step Clubhouse celebrated 30 years this year. They had a pizza party for clubhouse members in January and then celebrated at their open house in May. Two interns from MSU are performing their Junior level internships at the clubhouse. One completed in May, and the other started in September and will conclude in December. Second Step started the 6-week Cooking Matters Class on October 9th, and 11 people completed the course on November 13th. They are in the process of developing a new survey which will be used to collect data and feedback from Clubhouse Members utilizing the program.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	310
Average number of days per week that the clubhouse was staffed:	7
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	3,142
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	64
Average number of consumers per day:	10
Total number of new members in 2019:	15

Brown County – Bridge on Center

Bridge on Center started a new group at the clubhouse – Music Group. They continue to have Coffee with a Cop when their schedule allows, and they do “Attitude with Gratitude” daily. The Coordinators office was moved to the clubhouse to allow additional presence when members feel the need. In response member requests, the clubhouse changed the days they are open to Monday-Saturday, closed on Sundays. They hosted a very successful Brown Bag Lunch on September 20th with NAMI’s Stephanie Gaffney speaking on “in Your Own Voice.” Sixty-three people attended the lunch, including 6 clubhouses, New Ulm Police Department, New Ulm Parole Officers, Brown County Sheriff’s Department, community members and Human Services staff from various departments.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	279
Average number of days per week that the clubhouse was staffed:	6
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	1,634 attendance, 244 walk-ins
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	84 (4 members passed away)
Average number of consumers per day:	7
Total number of new members in 2019:	24

Faribault/Martin County – Upward Bound 5th St. Express

Upward Bound 5th Street Express hired a new Coordinator, Darek Olson. Members worked together to make craft items and set up a table for the first time at the Fall Craft Show in Fairmont. They raised \$147.50. They hosted an open house and “Coffee with a Cop” and gave a presentation about the clubhouse to County Probation Officers. Thirty-six people attended their open house on May 15th. Upward Bound is fortunate to have members willing and able to volunteer at the clubhouse, keeping it open for members.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	255
Average number of days per week that the clubhouse was staffed:	4
Number of days clubhouse was open due to volunteer members:	72 partial days
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	1,716
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	66
Average number of consumers per day:	6.7
Total number of new members in 2019:	15

Freeborn County – Next Step Clubhouse

Next Step hosted and/or participated in 101 Clubhouse activities, outings and 10-County events over the past year. Thirty-six members attended the Stakeholders meetings this year. Next Step Clubhouse planned and hosted a Brown Bag Lunch on June 5th with 32 people in attendance. Sheriff Kurt Freitag spoke about mental health in the community and discussed the crisis training provided to law enforcement. A NAMI support group meets weekly at the clubhouse. The clubhouse has very active volunteer members willing to open the clubhouse.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	337
Average number of days per week that the clubhouse was staffed:	3
Number of days clubhouse was open due to volunteer members:	144 partial days, 92 full days
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	3,379
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	95
Average number of consumers per day:	10.03
Total number of new members in 2019:	26 (22 1 st time, 4 reactivated)

Le Sueur County – Minnesota Avenue Resource Center

Minnesota Avenue Resource Center held their second open house in 2019 and hosted the 10 County Halloween party. The clubhouse started “Coffee with a Cop” and “Coffee with Pastor Ally.” They held membership and newsletter meetings and offered 12 Saturday activities and one evening activity per week July-September. The clubhouse had 25 scheduled Drop-in days this year.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	229
Average number of days per week that the clubhouse was staffed:	5
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	1,868
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	46
Average number of consumers per day:	8.15
Total number of new members in 2019:	6

Nicollet County – Power Up Clubhouse

Power Up Clubhouse made changes to the PUC Board of Directors, instituting the election of Board Officials (previously officials were unelected, and they did not follow Non-Profit standards). They hold quarterly member meetings to continue to encourage participation in day-to-day operations. LAC meetings were restructured. Previously, LAC meetings were run by PUC officials. The new LAC is now facilitated by Nicollet County AMH staff and many Nicollet County MH agency representatives attend. The PUC Peer Support Specialist and the PUC RMT representative attend the LAC meetings. To offer clubhouse members an opportunity to be a part of a council, the Member Action Committee (MAC) was created. New groups include a Young Adult Group, Mindfulness, Gardening and TED Talks. Peer Support created and offered a Boundaries Class, which was a requirement for all current volunteers.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	277
Average number of days per week that the clubhouse was staffed:	6
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	2,654
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	79
Average number of consumers per day:	10
Total number of new members in 2019:	20

Rice County – Friendship House

Friendship House held their annual Mental Health Awareness Walk on May 22nd. Approximately 80 individuals participated. Friendship House member Victoria Bishko shared her recovery story (a first for a Friendship House member). Victoria was a speaker at the September Stakeholders Meeting as well. The Friendship House Volunteer Program is in its 17th year, and 30 members completed a total of 429.75 volunteer hours in the community. The clubhouse was awarded a grant totaling \$4,000 through Allina Health Care Systems that enabled the Clubhouse to offer four Healthy Living activities, each implemented over a 6-week period.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	310
Average number of days per week that the clubhouse was staffed:	7
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	3,142
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	64
Average number of consumers per day:	10
Total number of new members in 2019:	15

Sibley County – County Connection Clubhouse

County Connection Clubhouse hosted their open house in May which was attended by 90 people. CCC also hosted the 10 County picnic at Gaylord City Park. It was a success with up to 70 individuals attending the event. Clubhouse members once again entered the scarecrow contest at Emma Krumbree's, winning the second place award of \$200. Support groups are offered two times per month, and LAC meetings are held at CCC.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	264
Average number of days per week that the clubhouse was staffed:	-data not provided-
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	1,389
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	131 (57 Sibley Co., 74 other)
Average number of consumers per day:	5.26
Total number of new members in 2019:	6

Watonwan County – Forever Friends Clubhouse

Forever Friends hosted an open house/ice cream social on May 20th and hosted one of the 10-County summer picnics at the Forever Friends Clubhouse with the assistance of the Le Sueur County Clubhouse (MN Ave Resource Center). They offered a Men's Day Out and a Ladies Day Out where members were treated to haircuts and a meal. Clubhouse members were offered Fitness Group, Gardening Group and Walking Group, grocery shopping and more. The clubhouse was open to members on Saturdays six times in the past year.

Total number of days the clubhouse was open from 10/1/18 to 9/30/19:	165
Average number of days per week that the clubhouse was staffed:	3
Number of days clubhouse was open due to volunteer members:	0
Total number of people who entered clubhouse from 10/1/18 to 9/30/19:	1,352
Total number of unduplicated consumers entering clubhouse from 10/1/18 to 9/30/19:	30
Average number of consumers per day:	8
Total number of new members in 2019:	7

ADDITIONAL AGENDA ITEMS

Election of Officers: Amy Haas was elected RMT Chair. Jim Wood was elected RMT Vice-Chair.

Expense Reports Review: Teri provided RMT consumer members expense forms to be used from this point forward. She reviewed how the forms are to be filled out and provided a completed sample expense report and itemized restaurant receipt sample that they can refer to if they have questions.

Honoring Tamra Rovney: Members shared memories of Tamra Rovney (most recently Sibley County Human Services Director, previously Sibley County AMH Supervisor), who passed away in October. Ideas were shared about honoring Tamra's memory with an award that will be offered annually to someone who embodies the traits and qualities that Tamra exuded in her daily work and life. The award would be offered to either a consumer or professional – neither would be excluded. The ideas and suggestions presently offered will serve as a starting point. Additional thoughts, ideas, specifics and timelines will be ironed out in the next several weeks.

As there was no further business, the afternoon portion of the RMT Retreat adjourned at 3:21 p.m.