

SCCBI
JOINT POWERS BOARD MEETING

March 16, 2018

Present: Brian Buhmann, Tom Henderson, Angie Youngerberg, Naomi Ochsendorf, Phil Claussen, Joan Tesdahl, John Glisczinski, Kathy Werner

Others Present: Gloria Smith, Amy Haas, Teri Herder-Blahnik, Jackie Nelson, Julie VanName

Brian Buhmann called the meeting to order at 9:01 a.m., and introductions were made.

Approval of Minutes: Kathy Werner moved to approve the minutes of the February 16, 2018 JPB meeting. Joan Tesdahl seconded. Motion Passed.

Approval of Agenda: The agenda was approved by consensus.

Public Comment: There were no public comments.

SCCBI 10 County Activity Presentation: Julie VanName, Bridge on Center clubhouse representative, presented on the 10 County Networking project. Last year's theme was "Seasons of Hope." They are building on that theme for 2018 with "Crossing County Lines." The goal is to remove the county lines/boundaries by creating a community of consumers who have social connections with peers from all ten counties. The intent is to build one large community that will foster a growing support system. People with lived mental health experiences from all 10 counties will benefit by sharing clubhouse communities and activities with peers throughout the region, helping to remove fears associated with meeting new people and allowing them to enjoy activities they would not otherwise be able to participate in. Activities are chosen through a questionnaire/survey of activities recommended by consumers. They are voted on by popularity, accessibility, whether done in the past, and cost. Each county is asked to come up with a list of events in their area that will showcase their clubhouse and community.

2018 10 County Activity Schedule

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| <u>February</u> | St. Peter Game Day – This year people intermingled with peers from other counties instead of interacting exclusively with people from their county of residence. |
| <u>March</u> | Planetarium at Mankato East High School. Seating is capped at 54 with a cost of \$140. |
| <u>April</u> | Stakeholders Meeting (Apr. 18) |
| <u>May</u> | Mental Health Walk and legislative updates in Rice County.
Mental Health Awareness Month – start of clubhouse open houses |
| <u>June</u> | 1) Mankato MoonDogs Game – includes grandstand admission, meal voucher and MoonDogs cap for 100 people. The cost is \$1,500.
2) Picnic and Outdoor Games – Edgewater Park in Albert Lea. Prizes to be supplied by clubhouses. Pavilion rent is \$50. |
| <u>July</u> | 1) Harriet Island Paddle Boat Cruise – includes ticket/portage fee and hotdog lunch for 100. The cost is \$1,170.
2) Picnic in the Park and Outdoor Games – St. James. The budget is not yet set. |
| <u>August</u> | 1) Sleepy Eye Corn Days
2) MN State Fair. (The tickets are free) |
| <u>September</u> | Stakeholders Meeting (Sept. 5)
U of M Arboretum – includes Arboretum admission and "Amazing Race." The cost is \$450. |
| <u>October</u> | Halloween Party – site is yet to be determined as last year's attendance has prompted the need for a larger space. The October 2017 Halloween party is credited as the "turning point" in achieving the theme "Seasons of Hope." Participation was greater than previous years – a direct |

result of the community building achieved during the year's monthly activities. The cost of the 2018 party is estimated to be around \$800.

November MSU Play – They booked the entire theatre space in 2017 and are hoping to open seats to potential referral sources this year. The cost is \$1,200.

December Wow! Zone – includes meal and two games of bowling or 1 game of laser tag or black light golf for a cost of \$1,000.

10 County Networking activities help people with lived mental health experiences to meet new friends, gain confidence, and reduce or alleviate the fear of leaving homes, clubhouses, and communities. By creating one very large support system, peers can now say, "No matter where we are, we are home. Together, we are stronger."

DHS Report: Gloria Smith had no updates to report.

February Vendor Report: Jamie reported that next month's the vendor report now includes payments going out for crisis grant expenditures, and all three SCCBI related grants are now represented. John Glisczinski requested that future reports also include notations explaining journal entries. John moved to approve the expenditures listed in the February Vendor Report. Naomi Ochsendorf seconded. Motion passed.

2017 Eide Bailly Fiscal Monitoring Report: Jamie reported that 2017 fiscal monitoring is complete, and there are no major findings. Angie Youngerberg asked if there has been any feedback from fiscal supervisors regarding the process of the monitoring. There were a few process clarification questions that had come up along the way, which were worked out between the Regional Manager, the Fiscal Supervisors, and Eide Bailly.

Crisis Services

Crisis Committee

- The first formal meeting of the Crisis Committee will take place on April 5 at 12:30 at Madison East Center (before the Integrated Services Committee meeting). Committee members will include a representative from each county, Sue Rynda and Amy Haas.
- The crisis center is now including day of discharge into their rate, so there will probably be some underspending in this budget area. The Crisis Committee will work to address this.
- There have been concerns raised with hold times for calls to the crisis line. Brian has asked his staff to forward complaints to him, and those complaints will be forwarded to Jamie. A caller to the crisis line reported to the JPB that she placed a call to the crisis line at 11:30 p.m. and was placed on hold for over 30 minutes. She finally hung up and called the crisis center. Jamie reported that she has received complaints and contacted Canvas to inquire about hold times. They told her that the longest hold time was 17 minutes, which contradicted information that she received from complainants. This is on the agenda for discussion at the April Crisis Committee Meeting. The region generally has reported that they would like to see the Crisis Line move back to a local regional provider, as it was in the past with Horizon Homes. Reports received by the Regional Manager are of a decrease in the quality of service with the change.

Crisis Center Admissions with Case Management

Jamie shared a graph showing that over 70% of people in our region admitted to the crisis center had case management at the time of admission. She suggested that this provides an ideal opportunity to coordinate Vidyo visits between case managers and clients at some point during their stay. Not only will it provide the opportunity for increased communication, but it will also help case managers and clients to become more comfortable utilizing Vidyo technology. Phil wondered how many patients admitted on 72-hour holds have case management. Jamie said that she can probably get that information from the hospital and county AMH Supervisors.

Updated Joint Powers Agreement and JPB Bylaws: Jamie referred JPB to the packet containing the old/current Joint Powers Agreement and Bylaws and the revised drafts of the agreement and bylaws. She mentioned that there are more additions to the agreement than deletions and that some things in the old agreement were moved to bylaws. It is an open-ended agreement, so it won't need to be approved every two years. If there are changes in membership, then the agreement would need to be approved again. Jamie will email the directors copies of the agreements/bylaws and asked that they review the contents and forward their comments to her by April 13.

2018 Grant Management Process: Jamie is working to align how we manage the grants. Roles and processes need to be defined regarding fiscal agent responsibility and SCCBI Manager responsibility. A handout providing an overview of the process was included in the JPB packet.

RMT Report: Amy Haas reported that the Regional Management Team met on March 8 where they were treated with a 10 County Activities presentation and received LAC reports and a DHS report from Gloria Smith. She went on to share the outcome of the February planning meeting in which the RMT came up with Member Expectations and practice recommendations.

- Represent
 - Be a voice for your county
 - Bring your life experiences with you, but don't lose sight of your role
- Respect
 - Speak up and share your perspective
 - Be flexible and support the consensus-building process
 - Be open-minded and find ways to support ideas
- Participate
 - Share expertise
 - Listen to other members
 - Stay focused on the topic at hand
 - Participate in subcommittee work
 - Come prepared to meetings
- Practice Recommendations
 - Suggest the parking lot
 - Don't rehash
 - Seek out other perspectives
 - Educate each other

The group also developed at 2018 work plan and first steps.

1. Implementing a person-centered training within the region (A trainer is available through Watonwan County)
 - Plan** – SET Committee will meet and discuss the plan further. (SET has reached out to Katy Sturm with Watonwan County regarding the training) Consideration for extending the time that SET meets.
 - Owner(s)** – SET Committee
 - Timeline** – To be completed by the end of 2018
2. Develop process for a prioritized list of service improvements to be ready to capitalize on underspending opportunities
 - Plan** – Refer to Budget Committee for development of a process to prioritize and vet requests for funding. Regional Manager currently has a few requests that have come in starting at the end of 2017, as well as more recent. Consideration for development of a survey to the SCCBI on specific unmet needs requests for consideration.
 - Owner(s)** – Budget Committee, to delegate responsibilities to RMT that they feel are appropriate.
 - Timeline** – Meeting with Budget to be set within the month.

3. Conduct outreach activities to expand supportive housing within the region
Plan – Supervisors to schedule a meeting via Vidyo to check in regarding Housing.
Owner(s) – AMH Supervisors
Timeline – To meet within 6 weeks, then to update the RMT.
4. Based on ongoing assessment activities, recommend legislative changes to benefit mental health
Plan – Develop one pager for “Day on the Hill” 2019 (2018 is right around the corner). All members agree to increase their legislative awareness by signing up for legislative updates through NAMI. Update summary provided regularly at RMT meetings. When appropriate, review policy language and provide feedback up through JPB.
Owner(s) – All members of RMT for updates. 1-2 RMT members to cover the RMT legislative update summary during the meeting.
Timeline – starting April 2018

Following Amy’s report there was discussion about suggestion that my increase productivity with RMT as a management team. Thoughts, suggestions and questions regarding their role included:

- Having a JPB member in attendance at RMT meetings to serve as a bridge and create more awareness and communication.
- What are supervisors are being asked to do? Are their workloads are becoming too full?
- Will the RMT benefit from more structure or direction from the top down?
- RMT could be directed to do research on unmet needs in order to develop a “wish list” of things to be funded.
- Annual retreat and annual or biannual joint meeting of RMT and JPB
- Does RMT need “annual directive” from JPB with goals/expectations/tasks
- Leadership training
- Realignment
- Find ways to create new energy and motivation

SET Committee: Amy Haas shared the agenda for the April 18 Stakeholders meeting and invited JPB to stop in to hear the consumer speakers. JPB members were also given a flyer with the agenda for the upcoming meeting.

MHIS Data Gathering: An email has gone out between the Blue Earth County Mental Health Center and the Freeborn County Mental Health Center regarding MHIS data gathering. Entering data into the MHIS system requires a significant amount of staff time. JPB may want to consider reimbursement to clinics on the administrative end. Angela shared that over 100 hours of admin time and 100+ hours of support staff and IT Interface staff time was spent entering the information into MHIS at BEC.

Regional Manager Performance Review: A copy of the BEC evaluation was included in the JPB meeting packet. Directors will be sent a link to complete the evaluation and forward it to Mark who will compile the data. The deadline to email Mark the completed evaluation is March 30.

Next JPB Meeting: Friday, April 20 at Nicollet County Human Services, North Mankato

Meeting adjourned at 11:20 a.m.

Respectfully submitted,
Teri Herder-Blahnik, SCCBI Administrative Assistant