Meaningful Connections

LeSueur County Clubhouse

181 West Minnesota Street– Le Center, MN 56057

507-357-8572

August 2021

SAVE THE DATE:

8/2– Membership / Newsletter Meeting

8/4- Living Well

8/5– Alive after 5 music in Mankato

8/10– Walmart

8/11– Rice Co. Picnic

8/12– Montgomery Music in the Park

8/18– Steel Co. Fair

8/19– Alive after 5 music in Mankato

8/25– Birthday Club/ Bingo

8/26– Beach Party Patio Party

Fun Facts about the month of August:

1. August is the last of the summer months
2. August in the Northern Hemisphere is similar to February in the Southern Hemisphere.
3. August is the month of summer vacation and holiday for many children around the world.
4. August was named to honor Roman emperor, Augustus Caesar (63 BC – 14 AD)
5. August Flowers: Gladiolus and the Poppy.
6. August Birthstone: Peridot.
7. To date, only one US president has died in the month of August.
8. August was the only month in 2015 to begin on a Saturday.
9. 'August' is a popular baby name in Sweden.
10. Leo and Virgo are the zodiac signs that fall in the month of August.
11. On Aug. 21, 1911, the Mona Lisa was stolen from the Louvre Gallery and not recovered for two years.

NEWS/INFO PAGE

MEANINGFUL CONNETIONS CLUBHOUSE MISSION STATEMENT:

Our Mission is maintain a safe and stigma-free environment in which individuals with Mental Illness share time together and support each other in their mutual journey towards recovery.

Crisis Service Information

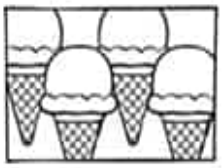
Local On-Call after office hours:	**507-357-4440**
Crisis Mobile Team 24/7:	**877-399-3040**
Crisis Line & Center (Mankato):	**877-399-3040**
National Suicide Prevention #:	**800-273-8255**
Mental Health Texting Service (24/7):	Text **MN** to **741741**
*"WITW" Peer Support Warm Line:	**844-739-6369**

*[5:00 PM—9:00 AM]

Please remember to call or sign up at least 24 hours before an activity so we can plan ahead as needed. We would rather have you sign up ahead of time and cancel the day of the activity then call the day of and not be able to attend.

We will be having a Book Club Recap . The Recap is of the book that we read last year "The Mindful Lifestyle by Gary Green"

Gary will be at the September stakeholders meeting and will be signing the books.



August Word Search

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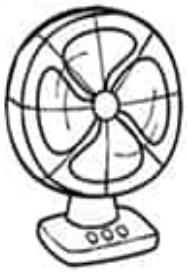

August	Hot
Summer	Pool
Eighth	Baseball
Month	School

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 **Mind Body Spirit 10am-11am** **Membership/ Newsletter Meeting 11am-1pm** **Lunch provided**	3	4 Living Well with Jes 10:30am-12pm Lunch Provided	5 Alive after 5 music in Mankato 4pm-8:30pm Bring supper or money for supper	6	7
8	9 **Mens Group 10am-11am** **Free Produce 10am** **Women's Group 1pm-2:30pm** **Moondogs Game 3pm**	10 Walmart 9:30am-11:30am	11 Rice County Picnic 9:30am-3pm	12 Music in the Park in Montgomery 6pm-8pm **No food available– eat before you come**	13	14
15	16 Mind Body Spirit 10am-11am Book Club Recap 11am-1pm	17	18 Steel County Fair 10am-4pm Bring money for lunch	19 Alive after 5 music in Mankato 4pm-8:30pm Bring supper or money for supper	20	21
22	23 Men's Group 10am-11am Women's Group 1pm-2:30pm	24	25 Birthday Club/ Bingo 1pm-3pm	26 Beach Party Patio Party 4pm-7pm Supper provided	27	28
29	30 Mind Body Spirit 10am-11am Drop In 11am-1pm	31				

Clubhouse Direct Phone

#507-357-8572