

## Forever Friends April 2023 Newsletter

1510 7<sup>th</sup> Avenue South St. James, MN

Phone: 507-375-4453

Greetings, Clubhouse Members!

Happy Spring to you! We are all looking forward to being able to spend more time outside and incorporate more diversity in our activities with warmer weather.

We will not be having group on **Tuesday April 4<sup>th</sup>**, as we will all be attending Stakeholder's on Thursday April 6<sup>th</sup>. Pick-up will start at 10:45am that day.

Cooking Matters will be from 1pm-3pm on Thursday April 13<sup>th</sup>. On Thursday **April 20<sup>th</sup> from 1pm-3pm, the activity will be for Group A & B**, Brown County Clubhouse will be coming over and we will be sending letters to our Senators and Representatives regarding Mental Health issues. You must sign-up for this activity. We will also be playing Bingo and having a game day this month.

In May, for Mental Health Month, we plan to have a poster contest as an activity, and that will be judged by the Adult Sub-Unit. The winners will receive a nice prize. Start thinking about your ideas!

Our new AMH case manager, Mary Colbenson, will be transitioning into her role with our team this month. This will continue to be a gradual process as she completes duties in her former position. We are also planning to hire for the other opening soon.

As always, if you have needs or questions, please reach out to our current AMH staff members for assistance. Our numbers are; Katy 375-7852, Rhonda 375-7866 and Sharon 375-7836.

Your AMH Team,

Katy G., Katy S., Mary, Rhonda and Sharon