



Getting Together in May 2023 County Connection Newsletter

716 Sibley Ave, Gaylord, MN 55334

507-237-4133

Sibley County Local Advisory Counsel Invites you to an OPEN HOUSE:



Inside:

*Around the
County
Connec-
tion:*


*Word
search:*

*CC /CSP
calendar*

WHEN: Wednesday May 10th, 11a.m.
to 2p.m.

WHERE: County Connection, 716 Si-
bley Avenue Gaylord MN 55334

WHO: Anyone interested in local
mental health services. Please bring
friends and family!



Mental Health informational handouts
will be available, along with mental health
staff to answer your questions. Also,
Blimpies subs, chips and a cookie, Lawn
games and socializing!

CSP with Dawn in May:

To aid clients with the rising cost of food, an outing is planned with Dawn for Thursday, May 4 to do discount shopping at Bongard's Retail Store, KwikTrip, and Fare For All in Norwood Young America. Please see Dawn if you are interested in signing up.

With May being Mental Health Month, The Rainflower Project at the Minnesota Landscape Arboretum begins May 1st and will continue throughout the month of May. The Rainflower Project, promotes positive mental health and suicide prevention. The art installation is to honor people who have been affected by suicide, remember people who have died by suicide and acknowledge the survivors of suicide. In addition, Dawn will be checking the Arboretum's website for updates on what's in bloom this spring, including daffodils, magnolias, tulips, lilacs and crabapples as they come into season. A spontaneous outing will be planned by Dawn, and so please stay tuned.



Around the County Connection:

Client profile: Gilda B.

Favorite Meal: Chicken, cream potatoes, sweet peas

Snack: Lays chips

Movie: Madea

Tv Show: I love Lucy

Season: Summer

Childhood Memory: riding bike

Music artist: Elvis

Song:

Christmas song: Jingle Bells

Sports star: My son the track star!

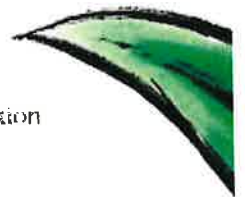
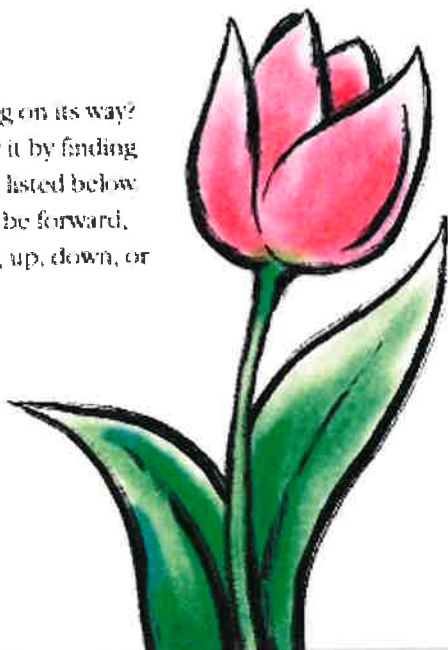
Life Advice: One day at a time

Pet: Lady (dog)

May birthdays: Michelle, Brent, Gail, Tim. Happy birthday!!!!

Search for Spring

Is spring on its way? Search for it by finding the words listed below. They may be forward, backward, up, down, or diagonal.



T L C M G E G S
 A Q B R A H J V Y N Y E Q A D
 J K R X G D L K W Z F X M B N M R H
 S H E M F J C T J R I S B Q O G E J D K
 G F S U N S H I N E U T A P J P R B E Z
 U B U V B B D J X A Y R E Q U L A R N P
 B I R W R U I N G S Z E R D N A L S A U
 C Z R E G T M P M T K E D Y A J C M Q W
 H V E O M T R F G E Q L S B N N O C P
 L Z C D W E W J C R E B K R G U N J N
 E Z T S J R C B A X A H P J L G F W F
 E I P W F O I B L O S S O M S E N K
 D O R X L N R P F K J S Q S C R U
 B N O N Y H D V S M P W G M H E H
 L A U K C Y S W R E H G X J R N P
 B T O K D M N E G E H Y P I C J
 C S P R I N G W U L D O Z S E
 V Y C P K J O Y K P S J T
 U M B R E L L A N M F
 P J Q N F X V S R

A E
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 M E
 M E
 G U
 N T
 O L
 L X
 F Y

Atonement
 birds
 blossoms
 breeze
 bugs
 butterfly
 Christ
 Easter
 eggs
 flowers
 fun
 garden
 general conference

grass
 joy
 kite
 puddle
 rain
 Resurrection
 seeds
 spring
 sprouts
 sunshine
 tree
 umbrella

NAME:

DATE:

May Flowers Word Search

M F T U L I P S P N S W N C Z J X T U F G P P V
R L B P W P E N Q R E N Z Y P Y Y F J R F S O A
A W A E N Y T R R G H H G I H Y D R A N G E A S
D Z L O G C U N Z W H D W Y C L A R K S P U R N
Q I E N Q O N F U A F M D A O X F F P T O I C A
G N L I R Q I Q J H H B H S S Q F C H X J F U P
D N O E F K A H J B W D X L M H O Y Q H K B V D
D I D S R H O D O D E N D R O N D P H L W Z W R
A A A O O H V K Q D Z O W K S Y I R I S B U T A
H L M K S G Z B U T T E R C U P L I L A C C Q G
L I L Y E P P Y G J I Y G X R B X H A F W A Q O
I H G D T A D U D H J M P X W C K P M T V N I N
A F C A R N A T I O N O L J F U F W Y J E I C S
Y K K I N S U D O K C X L X F M A R I G O L D M
C G T N G Y T L C H R Y S A N T H E M U M U L S

Rose	Iris	Snapdragons	Pansy
Peonies	Cosmos	Lily	Larkspur
Tulips	Rhododendron	Carnation	Lilac
Daffodil	Buttercup	Zinnia	Dahlia
Hydrangea	Chrysanthemum	Petunia	Marigold

May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jon 507-237-4133 (CC) Jon cell 507-479-3384 Ashley 507-327-0644 Dawn 507-327 0645	1 Open 9 -3:30 with coffee group at 9:30 Walking at 10:30 and cards and table games in p.m.	2 Open 9—3:30 with support group at 10:30 and exercise at 1:00p.m.	3 Open 9—1 with coffee group at 9:30 and walking at 10:30	4 Open 10—2 with Keith!	5 Open 9—1 with Marli! Jon off	6
7	8 Open 9 -3:30 with coffee group at 9:30 Walking at 10:30 and cards and table games in p.m.	9 Open 9—3:30 with exercise at 10:00a.m. and Crochet w Susie at 1p.m.	10 CC Open House! 11—2. You are wel- come to help set-up and help the day of! Please attend.	11 Open 9—3:30 with Exercise at 10a.m and A Piece of History at 1p.m.	12 Open 10—2 with Keith! Jon off	13
14	15 Open 9 -3:30 with coffee group at 9:30 Walking at 10:30 and cards and table games in p.m.	16 Open 9—3:30 with Support group at 10:30 followed by open time.	17 Open 9—11 with coffee at 9:30 and then outing to Rush River Park at 11 and lunch in Henderson MN. See sign up.	18 Jon off Craft Station Day with Ashley. Several crafts set up to work on! 9—1p.m.	19 Jon off Open 9—12 for open time w Sharon!	20
21	22 Open 10a.m. Hike in a park with Ashley and sack lunch. Leave 10:30a.m.	23 Open 9—3:30 with Exercise at 10:00a.m. and Med Ed. At 1p.m. Crochet w Susie at 2p.m.	24 Open 9—3:30 with coffee at 9:30 and walking at 10:30a.m Birthday Bingo at 1p.m.	25 Open 9—3:30 with Exercise at 9:30 and Music Apprecia- tion at 1p.m. (name songs)	26 Open 9—1 with exercise at 10:00a.m	27
28	29 Holiday	30 Open 9—3:30 with support group at 10:30 Noon meal. Hotdogs!	31 Open 9—3:30 with coffee at 9:30 Walking at 10:30 and open time in p.m.			