

## Bridge On Center

1113 Center Street  
P.O. Box 788  
New Ulm, Minnesota 56073

<https://sccbi.info/clubhouse/bridgeoncenter/>

# The Bridge Connection

January 2021

## COORDINATOR'S CORNER

"I hope that in this year to come, you make mistakes.

Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're Doing Something.

So that's my wish for you, and all of us, and my wish for myself. Make New Mistakes. Make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't good enough, or it isn't perfect, whatever it is: art, or love, or work or family or life.

Whatever it is you're scared of doing, Do it.

Make your mistakes, next year and forever."

— Neil Gaiman

I could not have said this any better myself. Happy New Year, and I hope to see you all soon.



### Ways to be Courageous

- \* Be afraid but try anyways
- \* Follow your heart
- \* Stand up for what is right
- \* Face suffering with dignity or faith
- \* Educate yourself
- \* Do not become emotionally attached to what you have
- \* Be brave
- \* Be someone's Hero

### Case Manager Phone Numbers

Brian.....	359.6536	Julie.....	359.6591
Claire.....	233.6851	Kim.....	359.6559
Emily.....	233.6850	Mary Lou.....	359.6525
		Steve.....	359.6534



# HAPPY NEW YEAR

## Wordsearch



Search for the words going up, down, left and right.

C	S	L	L	X	N	O	I	T	U	L	O	S	E	R
A	Z	N	A	G	A	V	A	R	T	X	E	I	Q	I
G	G	A	T	H	E	R	I	N	G	W	Z	N	P	N
A	F	O	T	S	W	O	S	D	R	W	L	O	L	V
D	I	D	R	O	Z	T	H	G	I	N	D	I	M	I
H	R	T	A	H	F	Y	T	R	A	P	W	S	E	T
F	E	B	D	F	B	I	N	H	M	G	Y	E	U	A
N	W	Q	I	Q	A	Z	F	G	D	C	G	M	S	T
N	O	I	T	A	R	B	E	L	E	C	Q	A	J	I
L	R	M	I	Y	R	A	U	N	A	J	L	K	H	O
K	K	H	O	C	V	W	T	R	D	A	Q	E	J	N
I	S	K	N	X	V	J	O	I	B	U	E	R	Z	N
Y	Z	P	H	C	O	U	N	T	D	O	W	N	S	M
H	W	W	J	M	U	H	N	U	X	X	O	U	Q	R
L	F	A	A	H	S	E	Q	S	I	O	C	O	F	G

CELEBRATION  
FIREWORKS  
JANUARY  
PARTY

COUNTDOWN  
GATHERING  
MIDNIGHT  
RESOLUTION

EXTRAVAGANZA  
INVITATION  
NOISEMAKER  
TRADITION



# Easy Meatloaf

- 2 pounds Ground Beef
- 1 onion diced
- 1 egg
- 1/3 cup Ketchup
- 2 Tablespoons Mustard (Prepared)
- 2 Tablespoons brown sugar
- 1 cup bread crumbs (dried) or crushed crackers
- 1 cup milk

Mix beef, onion, egg, milk and crackers. Place in bread pan. In a separate bowl mix ketchup, mustard, brown sugar. Pour over meat and bake at 350 degrees for 45 minutes to 1 hour.

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## Brown County Local Advisory Council

The purpose of the Brown County Local Advisory Council (LAC) on Mental Health is to bring awareness and education of mental health issues to community, families, and individuals. The LAC is state-mandated to identify gaps in services and discrepancies of mental health services and report these to the commissioners. The LAC identifies and advocates for Brown County and its needs for mental health services.

The LAC is open to any consumer of mental health services, family member of an adult or child with mental illness, or community member with interest in mental health service availability.

Quarterly meetings are held in the Brown County Community Services Building and are open to the public.

If you have questions or are interested in becoming a consumer or community member, please call 507.233.6850 or 507.233.6851.



**Bridge on Center clubhouse is closed to the public until further notice.**

Jackie is working and available by phone (507) 233.6880.

## Get to know you questions

**Answer these questions and turn it in to Jackie for a prize. You can return this by mail, email, text or phone call.**

1. I could not live without \_\_\_\_\_.
2. If you could only wear one color for the rest of your life, what would it be?
3. I respect \_\_\_\_\_ (name of person).
4. What was the most recent movie you've seen?
5. If you could have chosen your own name, what would it be?
6. If money wasn't an object, what would you buy for your room or house?
7. What's one thing you would change about yourself?
8. What are you afraid of?
9. What's one thing about you that makes you proud of yourself?
10. What's your favorite meal of the day?
11. One of my talents is \_\_\_\_\_.
12. If you could change one thing about the world, what would it be?
13. What's one thing you're interested in that most people who know you might not know?
14. What are you grateful for right now?

## Find the Parks of New Ulm

**Go find as many parks in New Ulm as you can. Write a little description of each or what you liked or disliked about the park. Turn in the list to Jackie and the person who finds the most parks by January 30th will win a prize.**

