



County Connection NEWSLETTER October



Important Dates

October 1

Madelia thrift & lunch

October 29

10-county Halloween party

October 22

Fall Craft



Contact

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County Connection (507) 237-4133

Ashley Cellphone (507) 327-0644

Amanda Cellphone (507) 479-3384

Dawn Cellphone (507) 327-0645

Website: Sccbi.info

Halloween Party

The annual Halloween celebration for the ten counties is scheduled for Thursday, October 29th, in LeCenter! While costumes are optional, a small group has chosen to dress as witches.

Join us for an afternoon filled with music, lunch, prizes, and a delightfully spooky time! Be sure to sign up with Ashley!



Coloring Contest

Ashley has turned the County Connection into a coloring page! Color the page and bring it into the CC to hang up and we will have some prizes for participants. Coloring pages due by October 22nd



MENTAL HEALTH AWARENESS Walk

walk to break stigma
& raise awareness



Tuesday, October 6



12:30 pm - 2:00 pm



Minnesota Square Park Pavilion
1000 S. Minnesota Ave. St. Peter



All are welcome!

Speakers:

- Local Mental Health Providers
- Clubhouse members sharing their recovery stories



We encourage you to bring signs/wear clothing
that shows support for mental health





OCTOBER ACTIVITY HIGHLIGHTS



- 10/1 Madelia thrift and lunch at LA Plaza Fiesta. This would be a great time to find a costume for 10-county Halloween party or fall crafts! \$\$
- 10/6 Nicollet County Mental Health Walk in St. Peter Leave CC 11:45am
- 10/7 10:30am Fall craft w/ Vicky. Please sign up
- 10/7 Music in St. Peter w/ Amanda and Dawn. Be to the CC by 1:15pm Must sign up
- 10/8 10am hat craft with Marli and Ashley- Please sign up
- 10/13 Noon meal and LAC
- 10/14 Music in St. Peter w/ Amanda and Dawn. Be to the CC by 1:15pm Must sign up
- 10/15 Dungeons and Dragons game, let Ashley know if you plan to attend!! snacks provided to players
- 10/15 Scarecrow set up and a craft w/ Dawn and Amanda. Bring a lunch! Must sign up
- 10/21 Fall walk around Gaylord city park (by nursing home) weather permitting. Sign up
- 10/21 Music in St. Peter w/ Amanda and Dawn. Be to the CC by 1:15pm Must sign up
- 10/22 Fall craft w/ Amber and Ashley- Please Sign up
- 10/27 Med Ed Yearly drawing
- 10/28 Music in St. Peter w/ Amanda and Dawn. Be to the CC by 1:15pm Must sign up
- 10/29 10-County Halloween Party in LeCenter, See Ashley for sign up and more details

Support group will continue to be peer-led

Staff will determine if it is safe for you to attend specific activities based on recent mental or physical health issues. Signing up does not ensure your attendance. Please refer to the Group outing Policy regarding cancellations. YOU MUST INFORM STAFF IF YOU NEED TRANSPORTATION

Happy Birthday

Laurie
Sept 1st

Lynn
Oct 11th

Sandi M
Sept 15th

Matt G
Oct 17th

Justine
Sept 22nd



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Contact info Ashley (507) 327-0644 Dawn (507) 327-0645 Amanda (507) 479-3384 716 Sibley Ave, Gaylord, MN			1 No open hours 10:30am leave for Madelia for thrift stores and lunch at La Plaza Fiesta	2 
5 Open 10:30am-3pm 11am MHM 1pm Chair stretching	6 Open 9am-11:30am 11:45am Nicollet County Mental Health walk in St. Peter (12:30-2:30pm)	7 Open 9am-1pm 10:30am fall craft with Vicky Live music in St. Peter w/ Dawn and Amanda Leave CC about 1:15pm	8 Open 9am -3pm 10am hat craft w/Marli & Ashley 10:30am Dungeons and Dragons	9 Open 9am-1pm 10am Halloween movie
12 Open 9am-3pm 11am MHM	13 Open 9am-2pm Noon Meal 1pm LAC: IPS/MRCI speakers	14 Open 9am-12pm 10am craft room deep clean cupboards Live music in St. Peter w/ Dawn and Amanda Leave CC about 1:15pm	15 Open 10am-3pm 10:30am Dungeons and Dragons 10:30am Scarecrow set up and craft with Dawn and Amanda - bring a lunch	16 Open 9am-1pm 10am Hocus Pocus day at CC
19 Open 9am-3pm 11am MHM 1pm Chair stretching	20 Open 9am-2pm 10am Recycling info group	21 Open 9am-3pm 10am fall walk around Gaylord park (weather permitting) Live music in St. Peter w/ Dawn and Amanda Leave CC about 1:15pm	22 Open 9am-3pm 10am Fall craft with Ashley and Amber 1pm Bingo	23 
26 Open 9am-3pm 11am MHM	27 Open 9am-2pm Med Ed yearly prize drawing	28 Open 9am-2pm Live music in St. Peter (CSP) Leave CC about 1:15pm	29 Open 9am 10-county halloween party	30 Open 9am-2pm

Country Connection





HALLOWEEN

word search



H	P	Y	C	P	U	Y	Z	P	C	Y	O	P	A	P
P	A	T	N	L	B	S	E	U	P	C	A	T	Z	U
Z	Y	L	M	O	A	B	T	S	A	B	S	A	Y	M
C	E	U	L	A	B	J	K	N	P	U	M	Z	E	P
O	P	Y	T	O	E	U	D	L	B	Z	E	U	S	K
S	R	B	S	L	W	Y	Y	D	A	B	I	K	O	I
T	B	Y	H	A	B	E	T	M	W	X	U	D	A	N
U	Z	B	S	A	K	H	E	O	U	M	Z	S	F	U
M	M	Z	A	F	A	E	X	N	B	G	A	P	T	S
E	R	U	N	U	M	Z	S	S	P	I	D	E	R	B
X	Z	Y	N	M	Z	U	F	T	U	M	C	L	X	E
G	U	T	A	E	X	N	L	E	S	X	Q	L	S	M
X	A	Y	H	D	A	N	K	R	B	S	O	Y	K	N
D	E	P	U	M	Z	T	U	G	E	B	L	B	N	I
T	S	O	H	G	L	B	S	E	M	W	E	X	U	T
G	P	I	A	P	U	Y	O	P	E	Y	O	N	A	L

Halloween

Ghost

Costume

Monster

Pumpkin

Candy

Spider

Haunted

Spell